



# Central MN Job Transitions Group

September 1, 2019 through October 16, 2019

## Join the Job Transitions Community

*Making Connections  
Assessing Gifts*

Every Wednesday. Networking opens at 11:30. Programming 11:45am-12:45pm  
Hosted by the Episcopal Church of St. John’s, 1111 Cooper Ave S., St. Cloud, MN  
Free event to community. Feel free to bring your lunch. Donations welcome.

September 4            **Speaker, Laurie Senn, CMJT Advisor**  
*“How to Prepare for a Job Fair...St Cloud Area Career Fair 9/26”*

September 11         **Speaker, Julie Bruns, Natural and Digestive Health, LLC**  
*“Impact of Lifestyle on Self Esteem and Self Worth”*

September 18         **Speaker: Lori Long, Friend of CMJT Group**  
*“Job Service Programs Near You”*

September 25         **Speaker: Jeff Ganz, Bank Compliance Manager, Bancorp Bank**  
*“Moving Forward: The Temple of Fear and Doubt”*

**SPECIAL EVENT**

*Tues. 10/1 6-8pm  
Wed. 10/2 11:30-1:30pm*

**David Faust of Stonehouse Resources will present a condensed version of**  
**“The Stress Intelligence Series: How to Make Stress Work for**  
**You and All Stressed Up.....With No Place to Go”**  
*(Same Program at two different time periods)*

October 9             **Network Session and Roundtable Discussion**

October 16            **Speaker, Tracy O’Connor, HR Coordinator, Home Instead Senior Care**  
*“No Position is a Forever Position: How to Always Be Ready”*

*Please join us and bring a friend! Thinking of a job change in the near future? Programs are helpful for long-term planning of job transition. Attend a session and build up your confidence to search for your dream job. Prepare to take the leap towards a new career or position.*

Connect to our website at: <http://jobtransitions.org/>

Like us on Facebook: <https://www.facebook.com/centralmnjobtransitions>